



# Easy entertaining

Freshly prepared trays for any occasion.

## Ready to order?

- 1 Visit or call the Deli department in your local Sobeys store or order online at [sobeys.com/entertaining](https://sobeys.com/entertaining).
- 2 Make your selections. We're happy to help if you have any questions or special requests.
- 3 Confirm your order and arrange your pick-up date and time. Since all our trays are freshly made for you, please allow a minimum of 24 hours' notice when placing orders.
- 4 Your order will be ready and waiting for you in the Deli department. We'll double-check it with you and help carry it out to your car.

Due to the seasonality and market availability of some items, it may be necessary for some substitutions to be made. Items may not be exactly as shown. Prices are subject to change.

ALLERGY ALERT: PRODUCTS MAY CONTAIN OR MAY HAVE COME IN CONTACT WITH FOOD ALLERGENS. PLEASE ASK FOR ASSISTANCE IF YOU HAVE QUESTIONS.

**Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.**



**Browse**  
our full  
selection

**Order**  
your trays  
in store or online

**Pick up**  
at your local  
Sobeys

# Mix & mingle

Always popular, our meat and cheese trays are ideal for times spent with family and friends – parties, get-togethers and easy midweek meals.

Seasoned & cured for delicious flavour

Combines spicy and tangy flavours

**C'est Gourmet**  
We've prepped the perfect spread to create mouth-watering sandwiches. Includes prosciutto, pepperoni bites, spicy Genoa salami, mortadella, rosemary ham and stuffed olives.  
**170 Cals/serving, serves 12.**

**Specialty Cheese Tower**  
A spectacular appetizer or dessert course. Large tower includes: mini OKA, *Compliments* double cream brie, Chevalier triple cream brie, Pecorino Canestrato, Wensleydale with cranberries, Applewood smoked cheddar, fontina and Jarlsberg. Small tower includes: Chevalier triple cream brie, Pecorino Canestrato, Wensleydale with cranberries, Applewood smoked cheddar and fontina.  
**Small serves 150-175, large serves 300-350.**  
Please allow 7 days when ordering

Add ribbons or flowers for special occasions

Perfect for large gatherings

## CHEESE & MEAT



**Hello Castello!**  
An internationally renowned collection. Large platter includes: Castello creamy white cheese, traditional blue, aged havarti, savoury onion cheddar and a flavoured ring of cream cheese. Small platter includes: Castello creamy white cheese, traditional blue and aged havarti.  
**Small: 420 Cals/serving, serves 10. Large: 390 Cals/serving, serves 15.**



**Mediterranean Dreams**  
A tasty antipasto assortment which includes Kalamata, Castelvetro and stuffed olives, marinated artichoke hearts, roasted red peppers, sundried tomatoes and stuffed jalapeños.  
**280 Cals/serving, serves 10.**



**Charcuterie & Cheese**  
Our French-style selection includes rosemary ham, salami, triple cream brie and OKA cheese, paired with cornichons, olives, dried fruits, nuts and crisps.  
**610 Cals/serving, serves 8.**



**Italian Style**  
A perfect way to start a meal or serve with drinks. Includes prosciutto, sopressata and capocollo cured meats, and Parmigiano Reggiano, bocconcini and fontina cheeses.  
**640 Cals/serving, serves 8.**



**European Cheese Board**  
Popular picks from across Europe. Includes wedges of Stilton, Dubliner, Manchego and Gouda.  
**400 Cals/serving, serves 10.**



**Simple Meat & Cheese**  
These family favourites include marble cheddar, smoked Gouda and Swiss cheeses paired with kielbasa, pepperettes and summer sausage.  
**Small: 560 Cals/serving, serves 4. Large: 560 Cals/serving, serves 8.**

**Cocktail Hour**  
Be ready in a flash with handmade hors d'oeuvres including prosciutto-wrapped cantaloupe, blue cheese-stuffed dates, and caprese salad skewers.  
**Small: 160 Cals/serving, serves 8. Large: 160 Cals/serving, serves 16.**

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## CHEESE & MEAT

### Cheese Quartet

A selection of our favourites including Applewood smoked cheddar, brie, Gouda and Parmigiano Reggiano.

**440 Cals/serving, serves 10.**



### Beautiful Bites

Our most popular cheeses cubed for easy nibbling. Mild cheddar, provolone, creamy havarti, Swiss and marble cheddar.

**Small: 360 Cals/serving, serves 8.**

**Large: 380 Cals/serving, serves 15.**



### Best of Both Worlds

Crowd favourite meat and cheese slices freshly prepared for buffets and sandwiches. Includes Swiss, mild and marble cheddar, ham, turkey and beef.

**Small: 330 Cals/serving, serves 4.**

**Large: 330 Cals/serving, serves 8.**



### Cold Cut Classics

Fill sandwiches with freshly-sliced *Compliments* Angus roast beef and Black Forest ham, plus oven-roasted turkey and chicken.

**Small: 190 Cals/serving, serves 6.**

**Large: 190 Cals/serving, serves 12.**



### Sliced and Ready

Conveniently sliced for building amazing sandwiches. Includes cheddar, provolone, creamy havarti, Swiss and marble cheddar.

**390 Cals/serving, serves 15.**



### True North Cheese

A proudly Canadian assortment of garlic and herb goat cheese, COWS Creamery aged cheddar, Castello traditional blue cheese and OKA.

**340 Cals/serving, serves 10.**



# Fresh picks

Our delicious produce trays are an easy and convenient way to feed a crowd.

Enjoy a taste of the islands

### Tropical Cruise

A generous offering bursting with kiwi, sweet mango, guava, dragon fruit, papaya, pineapple, passion fruit, goldenberries, blackberries and red seedless grapes.

**100 Cals/serving, serves 20.**

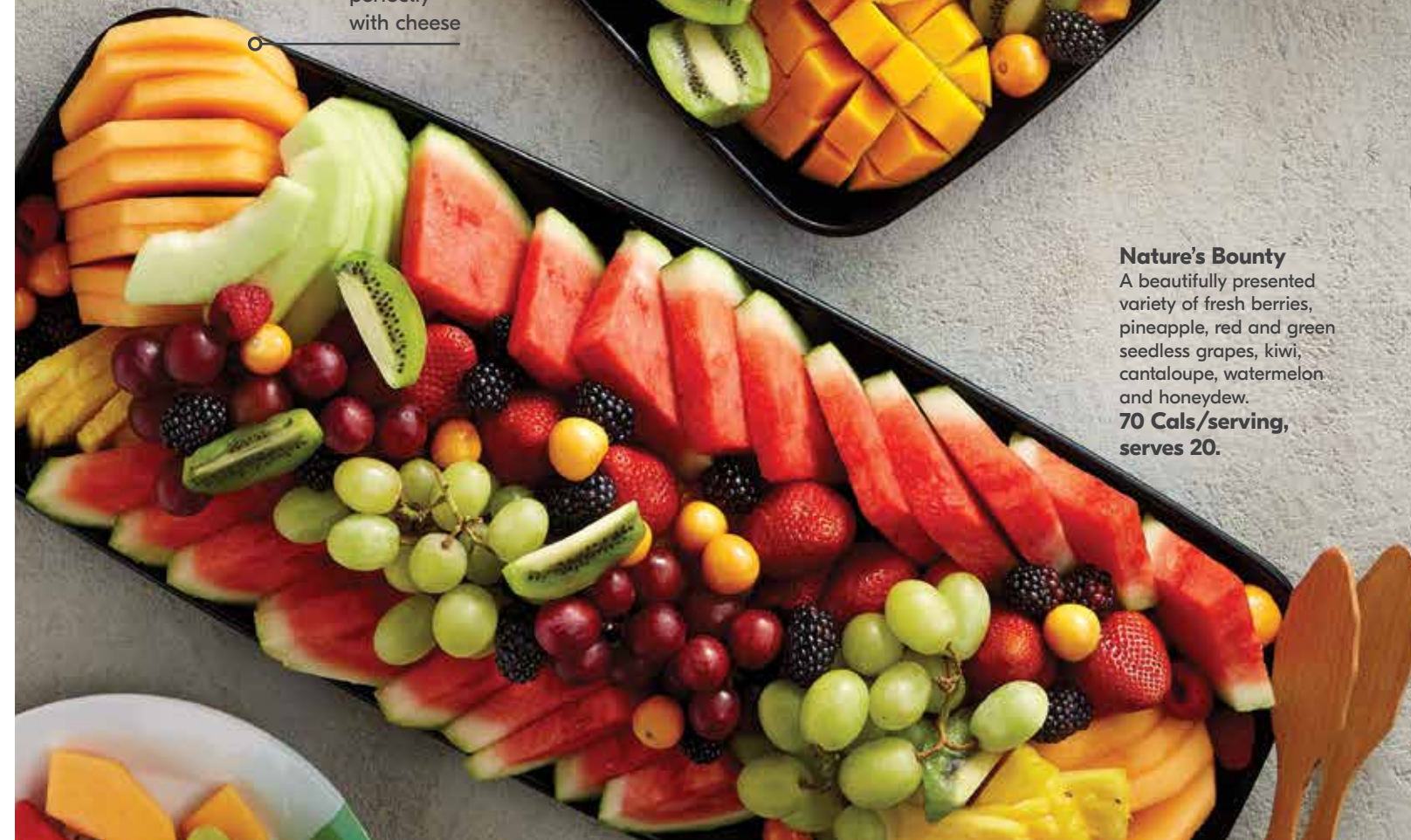
Fruit pairs perfectly with cheese



### Nature's Bounty

A beautifully presented variety of fresh berries, pineapple, red and green seedless grapes, kiwi, cantaloupe, watermelon and honeydew.

**70 Cals/serving, serves 20.**



FRUITS & VEGGIES



**Fresh Fruit Favourites**  
Fresh-cut fruit to satisfy large gatherings. Includes red and green seedless grapes, strawberries, pineapple, cantaloupe, watermelon and honeydew.  
**150 Cals/serving, serves 15.**



**Fresh Fruit Kabobs**  
Fruit is more fun when served kabob-style. Includes kiwi, honeydew, pineapple, strawberry and watermelon.  
**50 Cals/serving, serves 24.**



**Fresh Fruit To-Go**  
Refreshing classics including watermelon, cantaloupe, honeydew, pineapple and strawberries.  
**110 Cals/serving, serves 8.**



**Fresh Veggies To-Go**  
Complement any meal with crunchy baby carrots, broccoli, cauliflower, celery and cucumber. Served with classic ranch dip.  
**70 Cals/serving, serves 8.**



**Gardener's Harvest Salad**  
Romaine, spring mix and iceberg lettuce topped with cucumbers, grape tomatoes, red onions, red cabbage, sweet peppers and balsamic vinaigrette.  
**210 Cals/serving, serves 10.**



**Caesar for a Crowd**  
Inspired by tradition and prepared with fresh romaine lettuce, real bacon bits, Parmesan cheese, lemon wedges and creamy Caesar dressing.  
**420 Cals/serving, serves 10.**



**Chicken Caesar for a Crowd**  
Made with romaine lettuce, shredded Parmesan cheese, real bacon bits, seasoned chicken breast slices, lemon wedges and Caesar dressing.  
**440 Cals/serving, serves 10.**



**Colossal Greek Salad**  
This Mediterranean-style salad is made with crisp romaine and iceberg lettuce, sliced cucumbers, grape tomatoes, red onions, black olives, crumbled feta cheese and Greek dressing.  
**180 Cals/serving, serves 10.**

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**Cobb Salad**  
Step up your salad game with chopped romaine and iceberg lettuce topped with whole kernel corn, grape tomatoes, hard-boiled egg, sliced seasoned chicken breast, bacon bits and balsamic vinaigrette.  
**250 Cals/serving, serves 10.**



**Tex-Mex Taco Salad**  
A tasty southwest-style mix. Chopped romaine and iceberg lettuce topped with diced red onion, cherry tomatoes, diced mixed peppers, shredded cheddar cheese, tortilla strips and salsa ranch dressing.  
**320 Cals/serving, serves 10.**

SALADS TO SHARE

**A Tasty Spin on Spinach**  
We up the ante with tender baby spinach, fresh strawberries and blueberries, sweet dried cranberries, walnut pieces and raspberry vinaigrette dressing.  
**200 Cals/serving, serves 10.**

SERVES 10

Fruit and nuts enhance the salad's flavours

Add colour

A garden array of freshly prepared vibrant, crisp, and satisfying vegetables that cater to all tastes.

**Rainbow Veggie**  
A bounty of freshly prepared seasonal vegetables — broccoli, cauliflower, baby carrots, grape tomatoes, sweet peppers, celery, radishes and English cucumbers.  
**70 Cals/serving, serves 15.**



**Veggie Might**  
An array of our premium vegetables, including stringless snap peas, mini sweet peppers, mini cucumbers, grape tomatoes, carrots, cauliflower and broccoli.  
**70 Cals/serving, serves 15.**



**Dunk & Crunch**  
Crisp broccoli florets, sugar snap peas, baby carrots, English cucumbers and grape tomatoes. With classic and roasted garlic hummus for dipping.  
**270 Cals/serving, serves 6.**



**Ready-to-Cook Grillers and Roasters**  
Grilling and roasting bring out the best in veggies. See in store or online for full selection. Assortment may vary seasonally.  
**30-120 Cals/100g, serves 4-5.**

COOK IT!

Excellent as a party starter or side dish

### Finger Food Faves

30 mouthwatering southern-style chicken wings and two whole racks of saucy baby back ribs to satisfy the hungriest of guests. With choice of wing sauce. Small includes 15 wings and 1 rack of ribs.

**Small: 570 Cals/serving, serves 6.**

**Large: 570 Cals/serving, serves 12.**

Choice of 4 sauces, +40-130 Cals/serving.

HEAT IT UP!

Add some vegetable sticks for extra crunch

HEAT IT UP!

### Roadhouse Platter

This ultimate party tray features 30 southern-style chicken wings and 15 breaded chicken tenders. With 2 wing sauces. Small includes 15 wings and 8 chicken tenders.

**Small: 500 Cals/serving, serves 6.**

**Large: 470 Cals/serving, serves 12.**

Choice of 4 sauces, +40-130 Cals/serving.

# Main event

There's a reason why these dishes are party favourites — they're comfort food at its best! Plus, we do the prep and you get the rave reviews.

HEAT IT UP!

Ready-to-Heat trays come with reheating instructions so you don't need to guess warm-up times.

### Marinara Fettuccine & Meatballs

Made-to-order pasta is tossed with hearty pork and beef meatballs and Parmesan cheese in a rich tomato sauce.

**620 Cals/serving, serves 8.**

HEAT IT UP!

For a tasty pairing, serve with our Caesar For A Crowd on page 7.

**420 Cals/serving, serves 10.**

## PARTY FAVOURITES



### The Big Dipper

Who can resist this classic! Pumpernickel loaf hollowed out and filled with tasty spinach dip. Includes sliced baguette for dipping.

**320 Cals/serving, serves 12.**



HEAT IT UP!

### Veggie Sides

A tasty mix of vegetables freshly roasted in store. See in store for details. Subject to change.

**120-200 Cals/serving, serves 10.**



HEAT IT UP!

### Crispy Arancini

A Sicilian-style dish, these stuffed rice balls are coated in breadcrumbs.

**980 Cals/serving, serves 12.**



HEAT IT UP!

### Saucy Meatballs

A great appetizer for formal events or casual gatherings with family and friends. Customize with our five sauce varieties.

**Small: 280 Cals/serving, serves 4.**

**Large: 280 Cals/serving, serves 8.**

Choice of 5 sauces +60-190 Cals/serving.



HEAT IT UP!

### Beef Chili Comfort

Spiced with Tex-Mex flavours, this dish is great for casual get-togethers.

**310 Cals/serving, serves 6.**



HEAT IT UP!

### Family-Friendly Shepherd's Pie

A comforting and hearty one-dish meal of ground beef and vegetables in a rich gravy, topped with creamy mashed potatoes.

**550 Cals/serving, serves 4.**

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HEAT IT UP!

### Creamy Mac & Cheese

This rich and creamy baked pasta dish is a family favourite.

**Small: 510 Cals/serving, serves 5.**  
**Large: 510 Cals/serving, serves 10.**



HEAT IT UP!

### Buffalo-Style Mac & Cheese

This mac & cheese is loaded with chunks of rotisserie chicken, spicy buffalo wing sauce and blue cheese.

**Small: 690 Cals/serving, serves 5.**  
**Large: 690 Cals/serving, serves 10.**



HEAT IT UP!

### Family-Size Lasagna

Dig into layers of deliciousness, featuring noodles, seasoned ground beef, tomato sauce and three types of cheese.

**390 Cals/serving, serves 4.**



HEAT IT UP!

### Maple-Cured Pineapple Ham

Add a special touch to any gathering with our maple-cured ham, pineapple slices, and Spirited Mickie BBQ sauce.

**260 Cals/serving, serves 10.**



HEAT IT UP!

### Crowd-Pleasing Quiches

This French-inspired dish can be served for breakfast, lunch or dinner. Available in ham or veggie.

**550 Cals/serving, serves 6.**



### Oven-Roasted Chicken Alfredo

Indulge your guests with our fettuccine and perfectly seasoned chicken, tossed in a rich Alfredo sauce and topped with Parmesan cheese.

**630 Cals/serving, serves 6.**

HEAT IT UP!

SERVES 6

A rich & creamy twist to a classic pasta

HEAT IT UP!

Ready-to-Heat trays come with reheating instructions so you don't need to guess warm-up times.

## PARTY FAVOURITES



SERVES 6

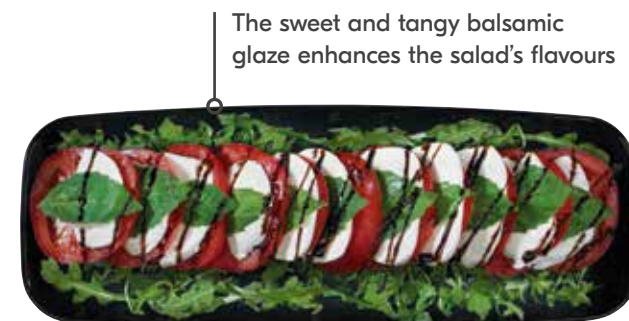
### Specialty Salads

So convenient and easy to serve, our salads are bursting with delicious ingredients and flavours. See in store or online for selection. Assortment may vary seasonally.

**Small: 130-460 Cals/serving, serves 3.**  
**Large: 130-460 Cals/serving, serves 6.**

# Salad days

Perfect for any occasion, our array of classic and specialty salads complements any meal.



The sweet and tangy balsamic glaze enhances the salad's flavours

### Insalate Caprese

Wonderfully fresh and light tasting. Made with sliced mozzarella, tomatoes and basil, drizzled with balsamic glaze.

**100 Cals/serving, serves 8.**



### Classic Salads

These popular picks pair well with lunch or dinner. See in store for full selection.

**270-340 Cals/serving, serves 6.**

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ORDER IN STORE OR ONLINE AT SOBEYS.COM 11

# Lunch essentials

From classic to gourmet, our wide selection of sandwiches is easy and convenient for meetings or parties.

## Sub Culture

Great for feeding a crowd! Our freshly prepared subs are made with turkey breast, roast beef and Black Forest ham. Ask in store for additional varieties.  
**Small: 180 Cals/serving, serves 5.**  
**Large: 180 Cals/serving, serves 10.**



## Take the Wrap

An appetizing assortment of freshly prepared wraps, including turkey breast, roast beef and Black Forest ham. Ask in store for additional varieties.  
**Small: 550 Cals/serving, serves 5.**  
**Large: 550 Cals/serving, serves 10.**



## Tasty Triangles

Popular favourite sandwich triangles made with white and whole wheat bread. Ask in store for full selection.  
**Small: 390 Cals/serving, serves 5.**  
**Large: 390 Cals/serving, serves 10.**



## Lunchtime Classics - Wraps

Lunch-on-the-go made easy! Each variety includes an apple and Babybel cheese. See in store for full selection.  
**350-480 Cals/serving, serves 1.**



## Gourmet Sandwiches

Made with artisan-style baguettes, our selection includes chicken with apple & brie, turkey & Gouda, Italian muffuletta and caprese. See in store for more details.  
**Small: 740 Cals/serving, serves 4.**  
**Large: 590 Cals/serving, serves 10.**

Baguettes for delicious, hearty sandwiches



## Lunchtime Classics - Sandwiches

Packaged and ready to enjoy. Each variety includes an apple and Babybel cheese. See in store for full selection.  
**490 Cals/serving, serves 1.**

## Seafood to Dive For

Make any gathering special. Shrimp, candied hot-smoked Atlantic salmon and smoked salmon served with seafood cocktail sauce.  
**270 Cals/serving, serves 6.**



# Oceans of flavour

Our freshly prepared seafood trays add a celebratory touch to any gathering.



## A Sea of Shrimp

Party-perfect large cooked shrimp with lemon wedges and seafood cocktail sauce.  
**190 Cals/serving, serves 4.**



## Seafood Party Tray

Two favourite seafoods in one platter: shrimp and surimi (crab-flavoured Pollock and whiting), with lemon wedges and seafood cocktail sauce.  
**270 Cals/serving, serves 4.**



## Sensationally Smoked

Our smoked salmon is served with sliced English cucumber, thinly sliced onions, capers and cream cheese.  
**Small: 210 Cals/serving, serves 4.**  
**Large: 150 Cals/serving, serves 8.**

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**Our Buttery Best**  
A sweet idea any time of the day.  
A variety of all-butter croissants and Danishes.  
**520 Cals/serving, serves 12.**

# Wake-up call

Our delicious selections are a great way to start the weekday or weekend.



**Rise & Shine**  
An assortment of muffins and all-butter pastries.  
**540 Cals/serving, serves 12.**



**Yogurt Parfaits**  
Simple and satisfying creamy yogurt with fresh fruit and granola. See in store for full selection. Packaging may vary by region.  
**150-190 Cals/100g, serves 1.**



**Manhattan Morning**  
Our New York-style bagels are deliciously moist and chewy on the inside.  
**230 Cals/serving, serves 12.**



**Mixed Fruit Salad**  
A refreshing mix of watermelon, cantaloupe, honeydew, pineapple, strawberries and blueberries. See in store for full selection. Not available online.  
**40 Cals/100g, serves 4.**

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**Sweet Treats**  
Just right when you're serving coffee and tea. Assorted bite-size treats and sliced loaf cake.  
**Small: 450 Cals/serving, serves 10.**  
**Large: 440 Cals/serving, serves 20.**



**Cookie Lover's Bliss**  
Ideal for casual entertaining and is always a hit. Assorted store-baked cookies and coconut macaroons.  
**Small: 480 Cals/serving, serves 10.**  
**Large: 640 Cals/serving, serves 20.**



**Dessert Bars**  
Our hand-cut squares are a welcome addition to any table.  
**Small: 390 Cals/serving, serves 15.**  
**Large: 470 Cals/serving, serves 20.**



**Chocolate Dipped Strawberries**  
You can't go wrong with this combination. Fresh, juicy strawberries dipped in dark and white chocolate.  
**50 Cals/serving, serves 24.**

# Tempting treats

Everyone has room for these delectable options!



Guests can try a bit of everything with these bite-size treats

**European Escape**  
European-style pastries including Portuguese tarts, macarons, mini cheesecakes and hand-piped cannoli. Small platters include cream horns in place of macarons.  
**Small: 370 Cals/serving, serves 10.**  
**Large: 320 Cals/serving, serves 20.**